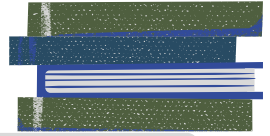




# Weekly Planner



Monday


Tuesday


Wednesday


Thursday


Friday


Saturday / Sunday

## Our Daily Rhythm - The General Schedule

Early Morning \_\_\_\_\_

Breakfast \_\_\_\_\_

Morning \_\_\_\_\_

Lunch \_\_\_\_\_

Quiet Time \_\_\_\_\_

Afternoon \_\_\_\_\_

Dinner & Kitchen clean up \_\_\_\_\_

Evening \_\_\_\_\_

Rest & Bedtime \_\_\_\_\_

## Weekly Tasks

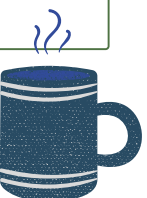
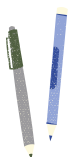
## Routines & Habits

Notes :

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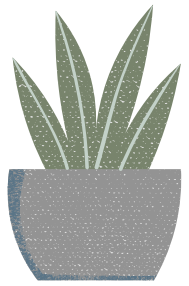


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# Weekly Planner



Block Scheduling Layout #2

EARLY MORNING

MORNING

AFTERNOON

EVENING

	EARLY MORNING	MORNING	AFTERNOON	EVENING
MONDAY				
TUESDAY				
WEDNESDAY				
THURSDAY				
FRIDAY				
SATURDAY				
SUNDAY				

NOTES:

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