

# Tips for annotating

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**Mark up what matters to you.**

Annotating is a way to talk back to the book and have a fun conversation with it. This is about noticing what grabs your attention.

## **What to Look For:**

- Ideas that make you stop and think
- Quotes you want to remember
- Words/phrases that spark something
- A-ha moments or clear explanations
- Questions that pop up as you read

## **Add a sticky tab when:**

You think “this could help me later”

You find a key idea or powerful truth

> **Let your notes reflect your curiosity,  
your values & what you care about most.**

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# prompts for journaling

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Journaling doesn't have to be tidy or deep.  
This note is your invitation to pause.

## **What to Write About:**

- What's on your mind right now?
- What are you feeling but haven't said yet?
- What are you learning lately?
- A quote or idea you don't want to forget
- A memory that surfaced today
- Something beautiful you noticed

## **Ideas to Try:**

Brain dump: Empty your head onto the page.

One-sentence journal: Just a few words

"What if" questions: Write out some wild ideas.

## **Remember:**

- There's no wrong way to journal.
- Spelling and grammar don't matter.
- Doodle, add stickers, paste in receipts.
- Think, wonder, reflect, and be fully yourself.

# reading log



DATE	BOOK INFO	*****